



“BEST KEPT SECRETS IN FUNCTIONAL HEALTH”

Tim Bahan

SPEAKER OUTLINE

SESSION 1: OMEGA-3 AND OMEGA-6 FATTY ACIDS

- ESSENTIAL FATTY METABOLISM
- THE DIFFERENT TYPES OF EFA'S
- IMPORTANCE OF A BALANCED OMEGA-3 INDEX
- THE OMEGA-3 TO OMEGA 6 RATIOS
- THE IMPORTANCE OF THE AA TO EPA RATIO
- HOW TO TEST FOR THE PROPER OMEGA-3 INDEX

SESSION 2: CARDIOVASCULAR & HEART HEALTH

- OVERVIEW OF CARDIOVASCULAR FUNCTION
- AUTONOMIC NERVOUS SYSTEM INFLUENCE
- RECENT CARDIOVASCULAR STATISTICS AND ROLE OF LIFESTYLE AND DIET PLAY
- THE IMPACT THAT VITAMINS AND MINERALS PLAY
- INTRODUCTION TO AUSCULTATION & PHONOCARDIOGRAPHY
- INTRODUCTION TO THE HEART SOUND RECORDER
- ACCESSING THE PROPER RATE, RHYTHM AND TONE OF THE HEART

SESSION 3: GLANDULAR THERAPY

- HISTORY OF GLANDULAR THERAPY
- THE RELATION OF GLANDS AND ORGANS (HARROWER CHART)
- DESICCATED GLANDS AND NUTRIENTS THEY PROVIDE
- CYTOSOL EXTRACTS
- PROTOMORPHOLOGY PMG'S
- AUTOIMMUNE SYNDROME

SESSION 4: MUSCULOSKELETAL SUPPORT

- OVERVIEW OF ANATOMY AND PHYSIOLOGY
- NUTRIENTS NECESSARY TO BUILD, STRENGTHEN AND SUPPORT JOINT HEALTH
- RESEARCH RELATED TO THESE NUTRIENT SOLUTIONS
- PROPER MARKETING TECHNIQUES FOR YOUR PRACTICE
- NECESSARY DOSING AND PROTOCOLS FOR OPTIMAL RESPONSE

